

BARIATRIC CHECKLIST

The following evaluations must be completed prior to scheduling surgery. You may go to any specialist who accepts your insurance except for the nutritionist and psychologist. Evaluations should be scheduled with a specialist, not with your primary care physician. However, you do need clearance from your primary care physician as well as the thyroid functions. Use the following checklist to help you on your path to surgery.

Primary Care - Clearance _____

All blood work - Should be ordered by your primary care or clinic physician _____

Diet History - _____

Pulmonary - Pulmonary Functions _____
Sleep Apnea (if recommended by the pulmonologist) _____
Clearance _____

Cardiology - Echocardiogram _____
Stress Test _____
Clearance _____

Gastroenterology – EGD _____
Gallbladder Sonogram (prescription is in blue folder) _____
Colonoscopy (for those over 50 years of age) _____
Clearance _____

Duplex ultrasound bilateral lower extremities – Make an appointment with any radiology center. Take the prescription in the blue folder with you. _____

Dietitian - Andrea D’Oria-Cameron, MS, RD, CDN _____
(718) 667-8100 (65 Cromwell Ave., Staten Island, NY)
Lisa Lobel, MS, RD, CDN
(718) 630-8600 (8714 5th Ave., Brooklyn, NY)

Psychologist - Dr. Avi Saperstein _____
(718) 630-8600 (8714 5th Ave., Brooklyn, NY)
Dr. Alisa Mishayev
(718) 667-8100 (65 Cromwell Ave., Staten Island, NY)

Attendance to two support groups is mandatory.
Please refer to the schedule in your folder for dates. _____

\$300 Program Fee- _____

(N.B. Additional testing may be required depending on individual pre-existing medical conditions or medical history.)